



SKILLS FOR SUCCESS

YOUTH COACHING & DEVELOPMENT

7 x 90min online sessions totalling 10.5 hours of self-development facilitated by a Youth Success Coach

Total
only
\$250



My School Success

A highly effective way to empower students to take responsibility for their own learning (recommended after Life & Career)



Life & Career Coaching

Assists young people to design a "Steps for My Life Success" action plan that parents, & teachers can support them to achieve.



Peer Coaching & Leadership

You be the coach! GOAL coaching conversation, future focus framework that promotes change, learning and action!

Young people (aged 11-17) can participate in safe and fun, live facilitated-programs online Zoom, designed to **enhance motivation, performance** and **promote goal-striving**.

Using modules from 'Coaching Young People For Success'



Coaching **YOUNG PEOPLE** for Success

For more information contact Genevieve Hodge

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MY SCHOOL SUCCESS

- School Performance Coaching and Steps for my School Success
- A highly effective way to empower students to take responsibility for their learning.
- Students will review their academic and personal performance, identify potential blockers and then set and review their learning goals
- Will teach students the strategies of TOP school performers, then take through a step by step process to design a tailor-made action plan that will take their own performance to a new level



LIFE & CAREER COACHING



- Be taken on a journey of self-discovery where they will complete
 - A personal Who am I? profile
 - Connect to their key strengths
 - Design an inspiring life and career pathway plan (including meaningful subject, course, work experience and career choices) that matches their vision, values and preferred lifestyle
- Using the life wheel, young people will identify the priority areas they want to work on and the steps they need to take to achieve greater health and well-being in all areas of their life.
- Assists young people design a "Steps for My Life Success" action plan that parents, & teachers can support them to achieve.

PEER COACHING & LEADERSHIP

- You be the leadership coach!
- Learn how to support and lift up your peers as a leadership coach
- Learn effective active listening and communication strategies to listen for strengths
- Learn and practice a solutions-focused problem-solving technique
- GOAL coaching conversation, future focus framework that promotes change, learning and action!
- SMART action goal setting
- Teens will join the Young Leaders of Australia Facebook Group and receive ongoing coaching and support in their leadership journey
- Get a 10% discount off the Inspiring Teens Leadership Program



"I feel clearer about who I am, about my career direction, and about my life. I really liked how I got an idea on what I want to do in the future. It really helps you understand and find new things about yourself"
Participant, 14



Register here: www.spirecoaching.com.au